

# Potential / Kinetic / Mechanical Energy

1)  $KE = \frac{1}{2} m v^2$

$$KE = \frac{1}{2} (0.150) (5^2)$$

$$\underline{KE = 1.875 \text{ J}}$$

2) a)

$$\frac{15 \text{ km}}{1 \text{ h}} = \frac{15000\text{m}}{3600\text{s}} = 4.17 \frac{\text{m}}{\text{s}}$$

b)  $KE = \frac{1}{2} m v^2$

$$KE = \frac{1}{2} (5) (4.17^2)$$

$$\underline{KE = 43.47 \text{ J}}$$

3)  $PE = m g h$

$$PE = (0.5)(9.8)(0.3)$$

$$\underline{PE = 1.47 \text{ J}}$$

4) a)  $PE = m g h$

$$PE = (60)(9.8)(54)$$

$\leftarrow 8^{\text{th}} \text{ floor}$

$$\underline{PE = 31752 \text{ J}}$$

b) Each floor =  $\frac{54\text{m}}{8} = 6.75\text{m}$  per floor

$$PE = m g h$$

$$PE = (60)(9.8)(6 \bullet 6.75)$$

$$\underline{PE = 23814 \text{ J}}$$

c) Position/Height & Mass

$$5) \quad KE = \frac{1}{2} m v^2$$

$$57 = \frac{1}{2} (0.135) (v^2)$$

$$57 = 0.0675 (v^2)$$

$$844.44 = v^2$$

$$\sqrt{844.44} = v$$

$$\underline{\sim 29\text{m/s} = v}$$

$$6) \quad PE = m g h$$

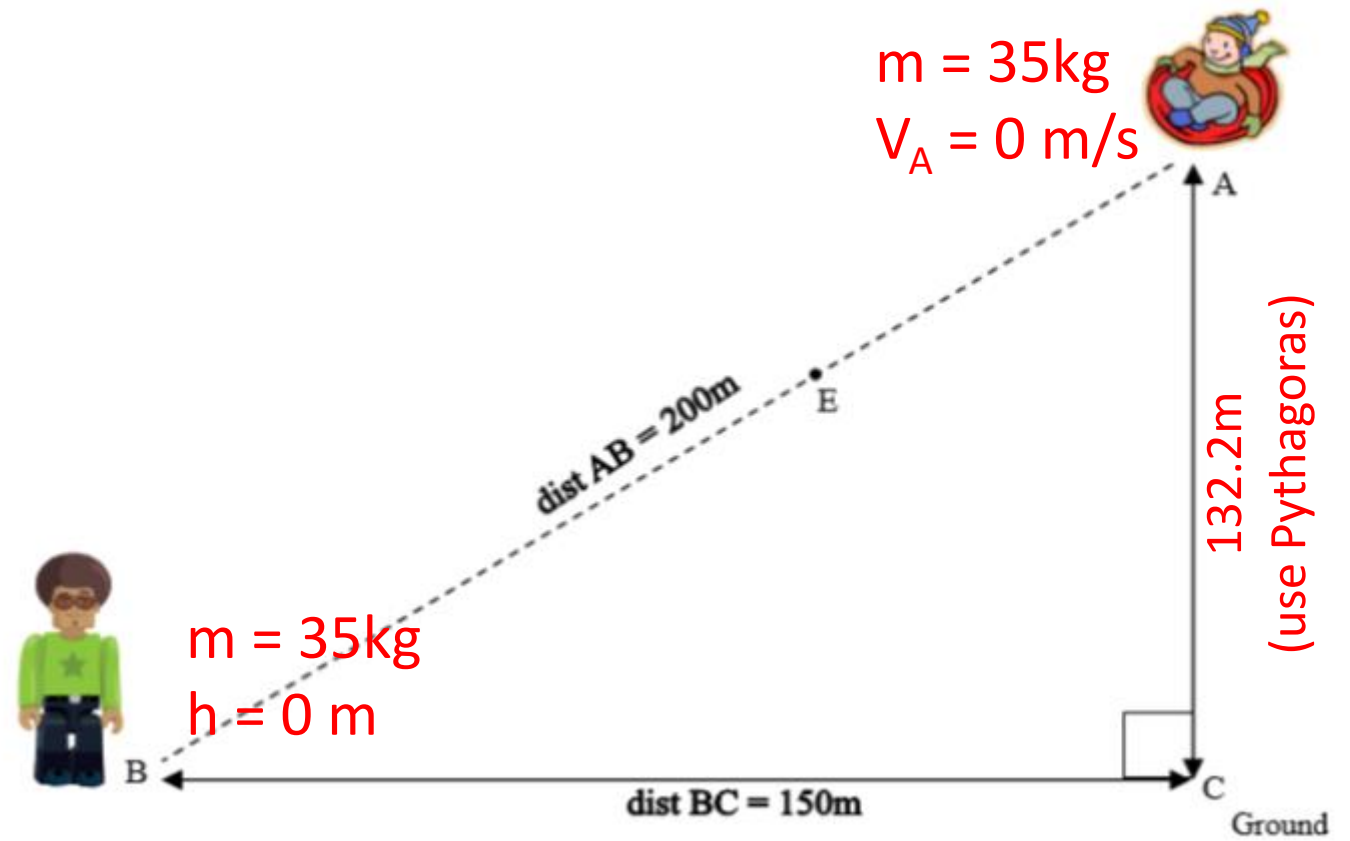
$$28.16 = (2.2)(g)(8)$$

$$\underline{g = 1.6 \text{ m/s}^2}$$

*Gravity of moon*

7) A 35kg child toboggans down a slope. Beginning from a standstill (point A) the child travels towards their parent which is located 200meters away.

- What is the kinetic Energy at A
- What is the potential Energy at A relative to the ground
- What is the potential energy at B relative to the ground
- What is the total mechanical energy at A (prove mathematically)
- What is the total mechanical energy at B (prove mathematically)
- What is the total mechanical energy at E
- What is the velocity of the child at point B
- What is the kinetic energy at B



a)  $KE_A = \frac{1}{2} m v^2$

$KE_A = \frac{1}{2} (35) (0^2)$

$KE_A = 0 \text{ J}$  ( $v=0\text{m/s}$ )

b)  $PE_A = m g h$

$PE_A = 35(9.8)(132.2)$

$PE_A = 45345 \text{ J}$

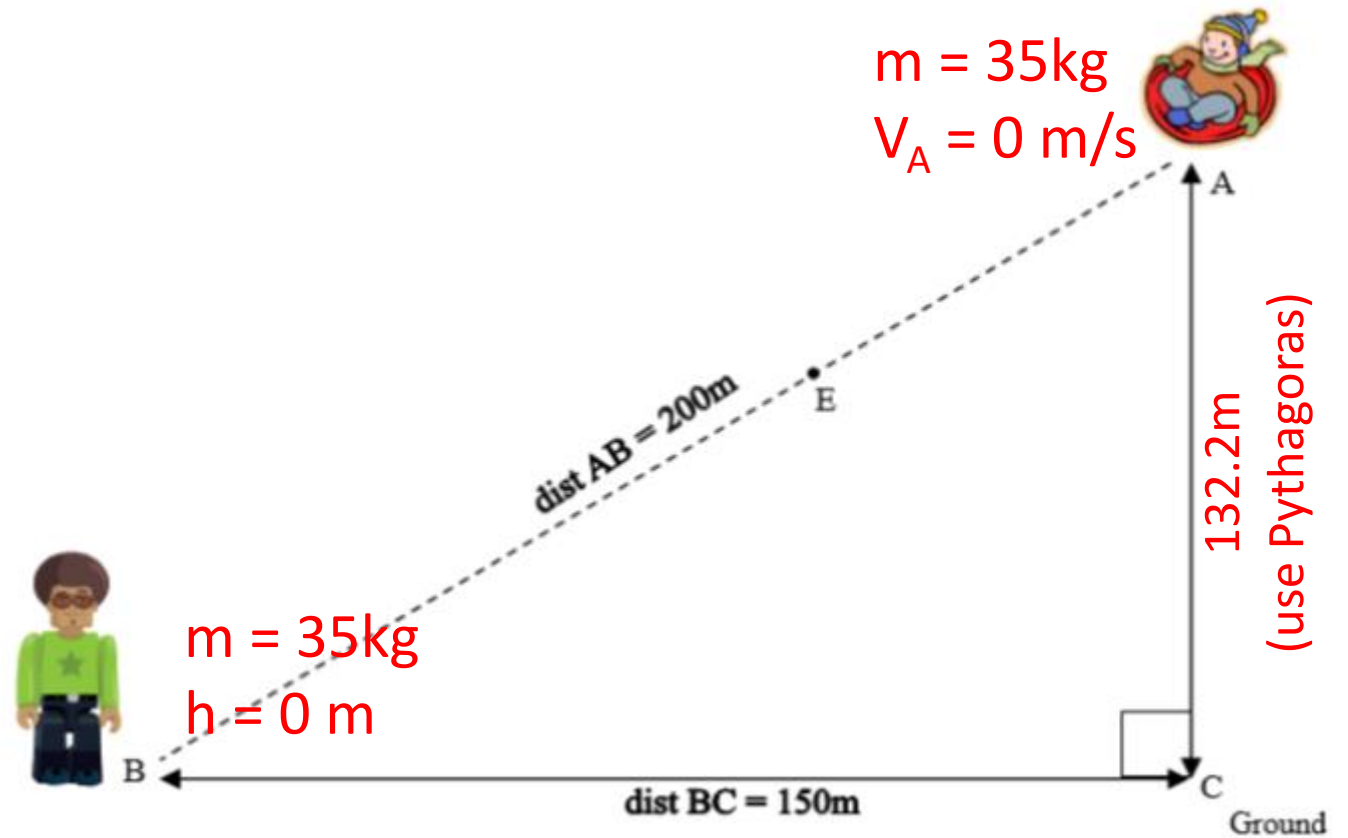
c)  $PE_B = m g h$

$PE_B = 35 (9.8) (0)$

$PE_B = 0 \text{ J}$  ( $h=0\text{m}$ )

7) A 35kg child toboggans down a slope. Beginning from a standstill (point A) the child travels towards their parent which is located 200meters away.

- What is the kinetic Energy at A
- What is the potential Energy at A relative to the ground
- What is the potential energy at B relative to the ground
- What is the total mechanical energy at A (prove mathematically)
- What is the total mechanical energy at B (prove mathematically)
- What is the total mechanical energy at E
- What is the velocity of the child at point B
- What is the kinetic energy at B



$$d) \quad ME_A = KE_A + PE_A$$

$$ME_A = 0 + 45345$$

$$\underline{\underline{ME_A = 45345\text{ J}}}$$

*constant*

$$e) \quad \underline{\underline{ME_B = 45345\text{ J}}}$$

*constant*

$$f) \quad \underline{\underline{ME_E = 45345\text{ J}}}$$

*constant*

g)  $ME_B = KE_B + PE_B$

$$45345 = \frac{1}{2} m v^2 + m g h$$

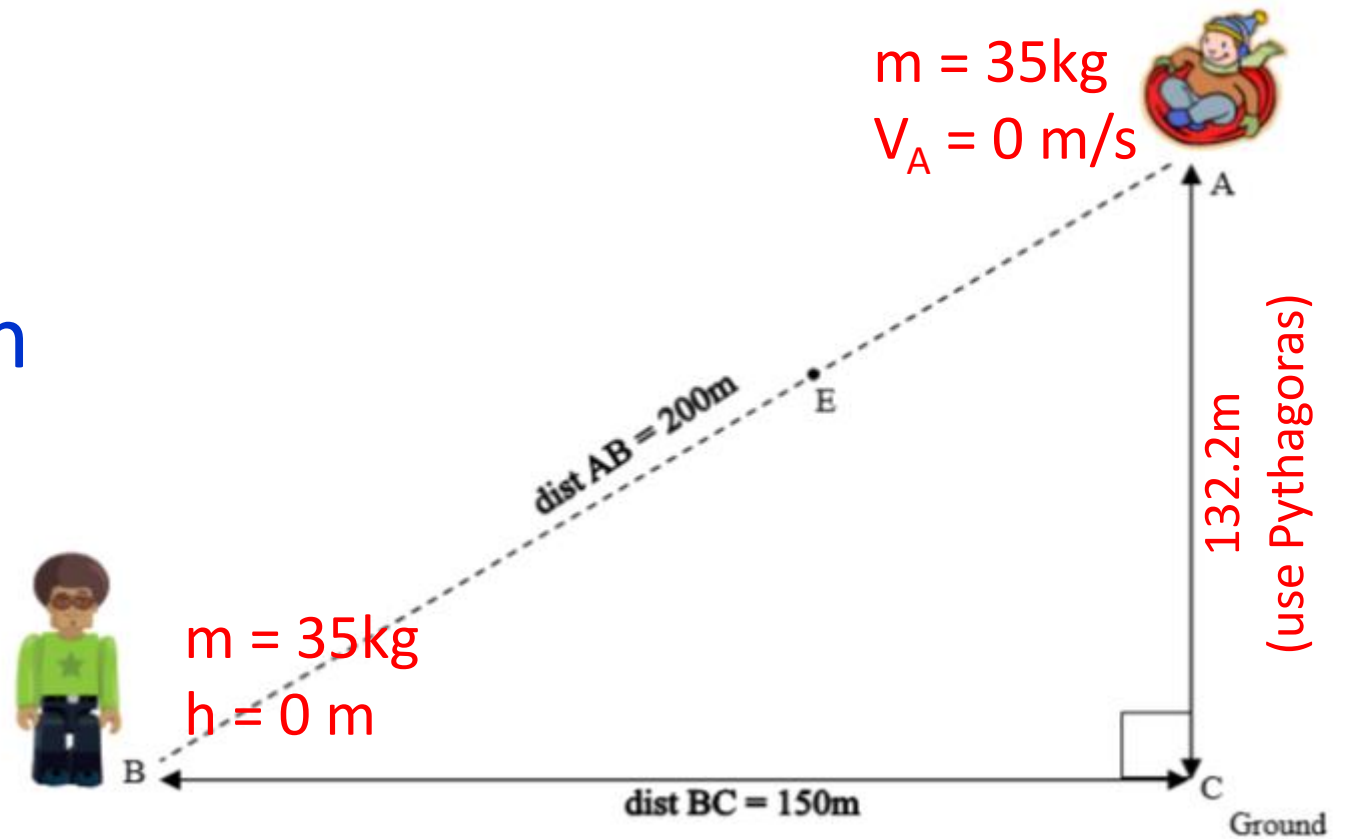
$$45345 = \frac{1}{2} (35) v^2 + 0$$

$$45345 = (17.5) v^2$$

$$2591.14 = v^2$$

$$\sqrt{2591.14} = v$$

$$\underline{50.9 \text{ m/s} = v}$$

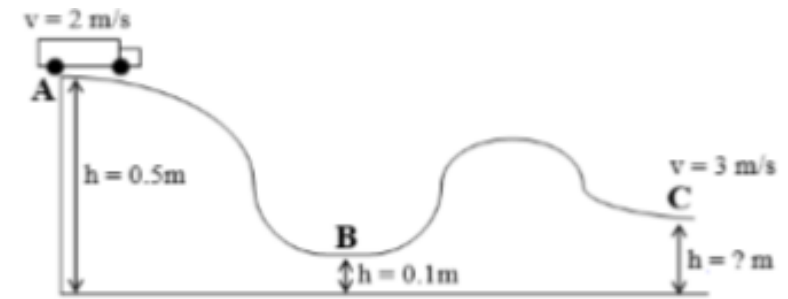


h)  $KE_B = \frac{1}{2} m v^2$

$$KE_B = \frac{1}{2} (35) (50.9^2)$$

$$\underline{KE_B = 45345 \text{ J}}$$

- 8) Sophie builds a toy road for her little brother to play with as shown below. Her little brother places a toy school bus with a mass of 0.5kg at point A and pushes it with a velocity of 2m/s. The toy bus travels the entire length of the road (frictional force can be neglected).



	KE	PE	ME
Point A	$KE_A = \frac{1}{2} m v^2$ $KE_A = \frac{1}{2} (0.5) (2^2)$ $KE_A = 1\text{ J}$	$PE_A = m g h$ $PE_A = (0.5) (9.8) (0.5)$ $PE_A = 2.45\text{ J}$	$ME_A = KE_A + PE_A$ $ME_A = 1 + 2.45$ $ME_A = 3.45\text{ J (const)}$
Point B	$ME_B = KE_B + PE_B$ $3.45 = KE_B + 0.49$ $KE_B = 2.96\text{ J}$	$PE_B = m g h$ $PE_B = (0.5) (9.8) (0.1)$ $PE_B = 0.49\text{ J}$	$ME_B = 3.45\text{ J (const)}$
Point C	$KE_C = \frac{1}{2} m v^2$ $KE_C = \frac{1}{2} (0.5) (3^2)$ $KE_C = 2.25\text{ J}$	$ME_C = KE_C + PE_C$ $3.45 = 2.25 + PE_C$ $PE_C = 1.2\text{ J}$	$ME_C = 3.45\text{ J (const)}$

## 8 b) Height at point C

$$ME_C = KE_C + PE_C$$

$$3.45 = 2.25 + PE_C$$

$$PE_C = 1.2 \text{ J}$$

$$PE_C = m g h$$

$$1.2 = (0.5) (9.8) h$$

$$\frac{1.2}{(0.5)(9.8)} = h$$

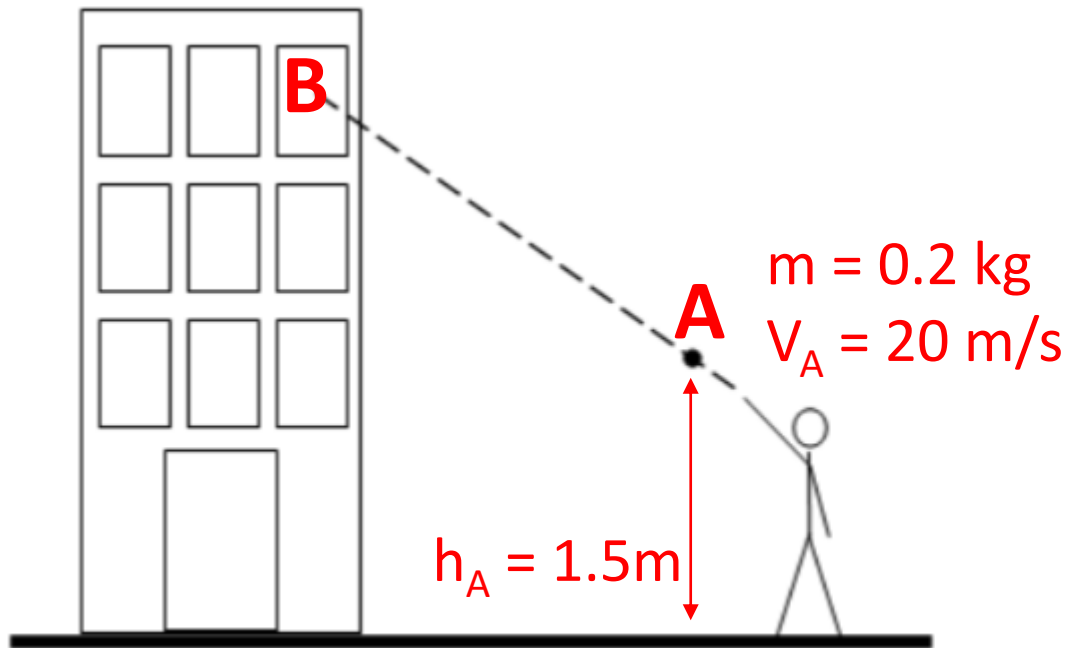
$$\frac{1.2}{4.9} = h$$

$$\underline{0.245\text{m} = h}$$



9) A bad boy throws a 0.2kg rock at a building window. At the instant the rock leaves the boy's hand, it is moving at 20m/s and is located 1.5m above the ground.

- Find the total Mechanical energy of the rock,
- How high above the ground does the rock strike the building's window if it is moving at 10m/s at the moment when it hits it.



$$a) \quad ME_A = KE_A + PE_A$$

$$ME_A = \frac{1}{2} m v^2 + mgh$$

$$ME_A = \frac{1}{2} (0.2)(20^2) + 0.2(9.8)(1.5)$$

$$ME_A = 40 + 2.94$$

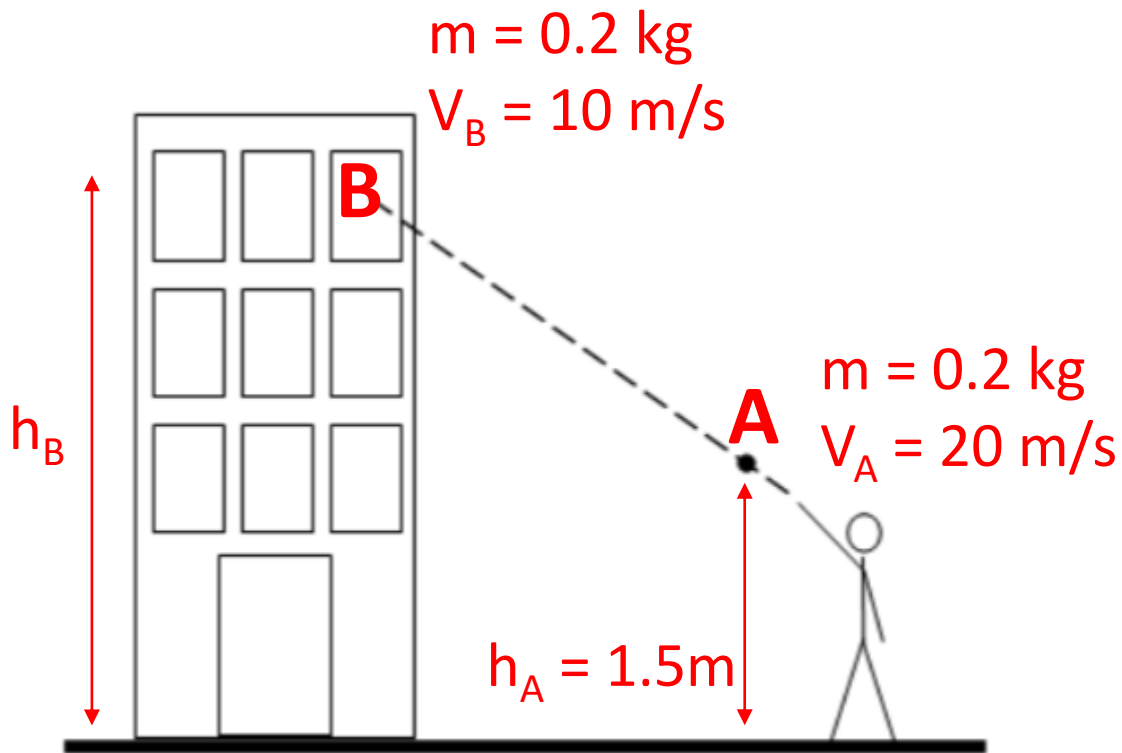
$$\underline{ME_A = 42.94 \text{ J}}$$

*constant*

9) A bad boy throws a 0.2kg rock at a building window. At the instant the rock leaves the boy's hand, it is moving at 20m/s and is located 1.5m above the ground.

a) Find the total Mechanical energy of the rock,

b) How high above the ground does the rock strike the building's window if it is moving at 10m/s at the moment when it hits it.



b)  $ME_B = 42.94$  *constant*

b)  $ME_B = KE_B + PE_B$

$$42.94 = \frac{1}{2} m v^2 + m g h$$

$$42.94 = \frac{1}{2} (0.2)(10^2) + 0.2(9.8)h$$

$$42.94 = 10 + 1.96h$$

$$32.94 = 1.96h$$

$$\underline{16.8\text{m} = h}$$

$$\textcircled{1} \quad PE = mgh$$

$$PE = 60(9.8)(0)$$

$$\underline{PE = 0 \text{ J}}$$

$$KE = \frac{1}{2}mv^2$$

$$KE = \frac{1}{2}(60)(8^2)$$

$$\underline{KE = 1920 \text{ J}}$$

$$ME = KE + PE$$

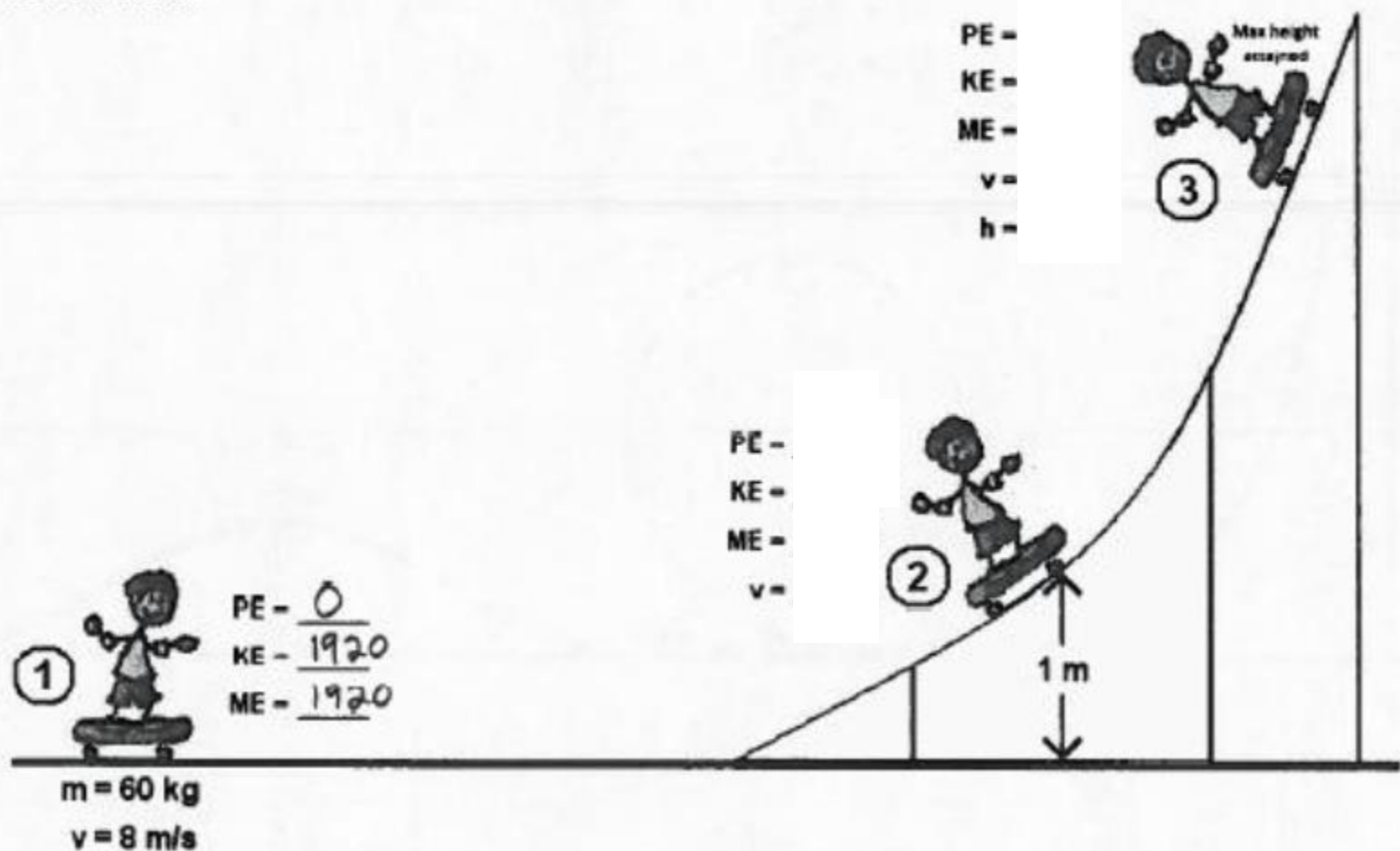
$$ME = 1920 + 0$$

$$\underline{ME = 1920 \text{ J}}$$

(const)

- 10). Calculate the potential energy, kinetic energy, mechanical energy, velocity, and height of the skater at the various locations.

Show All Work



$$\textcircled{2} \quad PE = mgh$$

$$PE = 60(9.8)(1)$$

$$\underline{PE = 588 \text{ J}}$$

$$\underline{ME = 1920 \text{ J}}$$

(const)

$$ME = KE + PE$$

$$1920 = KE + 588$$

$$\underline{KE = 1332 \text{ J}}$$

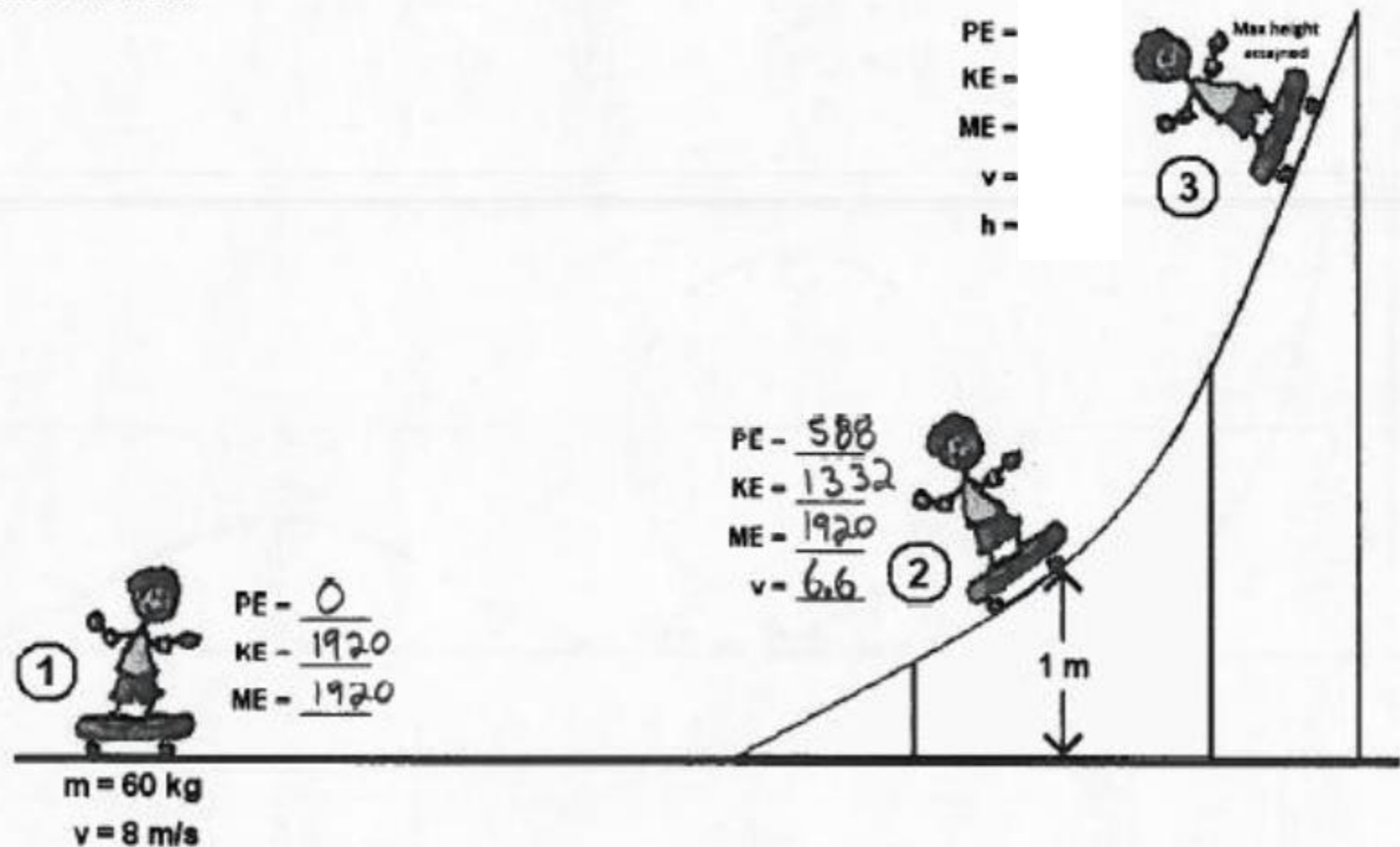
$$KE = \frac{1}{2}mv^2$$

$$1332 = \frac{1}{2}(60)v^2$$

$$\underline{6.6 \text{ m/s} = v}$$

- 10). Calculate the potential energy, kinetic energy, mechanical energy, velocity, and height of the skater at the various locations.

Show All Work



③ At max height,  $v = 0 \text{ m/s}$

$$KE = \frac{1}{2} m v^2$$

$$KE = \frac{1}{2} (60)(0^2)$$

$$\underline{KE = 0 \text{ J}}$$

$$\underline{ME = 1920 \text{ J (const)}}$$

$$ME = KE + PE$$

$$1920 = 0 + PE$$

$$\underline{PE = 1920 \text{ J}}$$

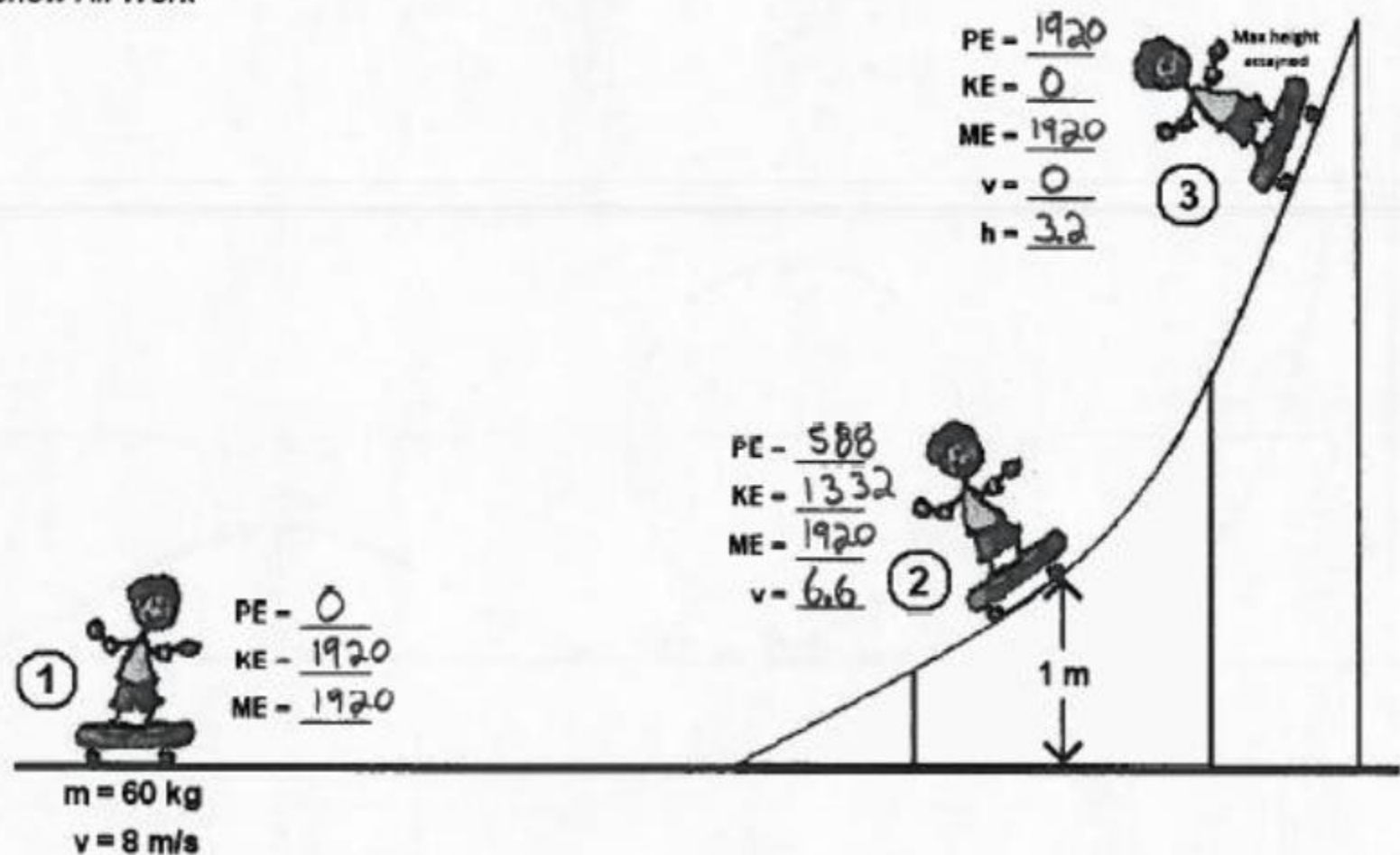
$$PE = mgh$$

$$1920 = 60(9.8)h$$

$$\underline{3.2 \text{ m} = h}$$

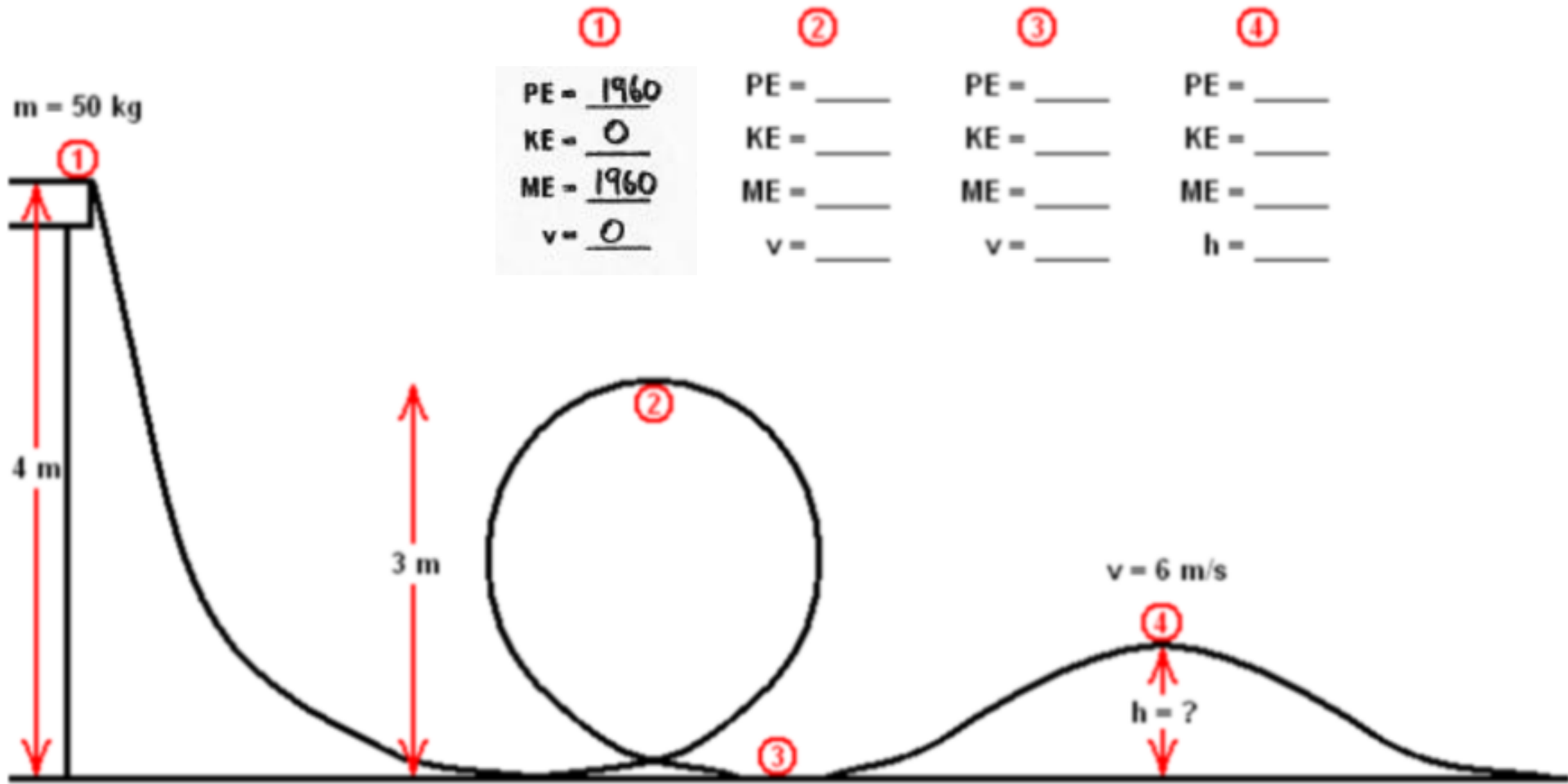
Calculate the potential energy, kinetic energy, mechanical energy, velocity, and height of the skater at the various locations.

Show All Work



11. Calculate the potential energy, kinetic energy, mechanical energy, velocity, and height of the ball at the various locations. The ball is initially at a standstill.

Show All Work



①	②	③	④
PE = <u>1960</u>	PE = _____	PE = _____	PE = _____
KE = <u>0</u>	KE = _____	KE = _____	KE = _____
ME = <u>1960</u>	ME = _____	ME = _____	ME = _____
v = <u>0</u>	v = _____	v = _____	h = _____

$m = 50 \text{ kg}$

①

4 m

②  
3 m

③

$v = 6 \text{ m/s}$

④

$h = ?$

①

$$KE = \frac{1}{2}mv^2$$

$$KE = \frac{1}{2}(50)(0^2)$$

$$KE = 0 \text{ J}$$

$$PE = mgh$$

$$PE = 50(9.8)(4)$$

$$PE = 1960 \text{ J}$$

$$ME = KE + PE$$

$$ME = 0 + 1960$$

$$ME = 1960 \text{ J}$$

(const)

$$V = 0 \text{ m/s}$$



②

$$PE = mgh$$

$$PE = 50(9.8)(3)$$

$$PE = 1470$$

$$ME = 1960 \text{ J}$$

(const)

$$ME = KE + PE$$

$$1960 = KE + 1470$$

$$KE = 490 \text{ J}$$

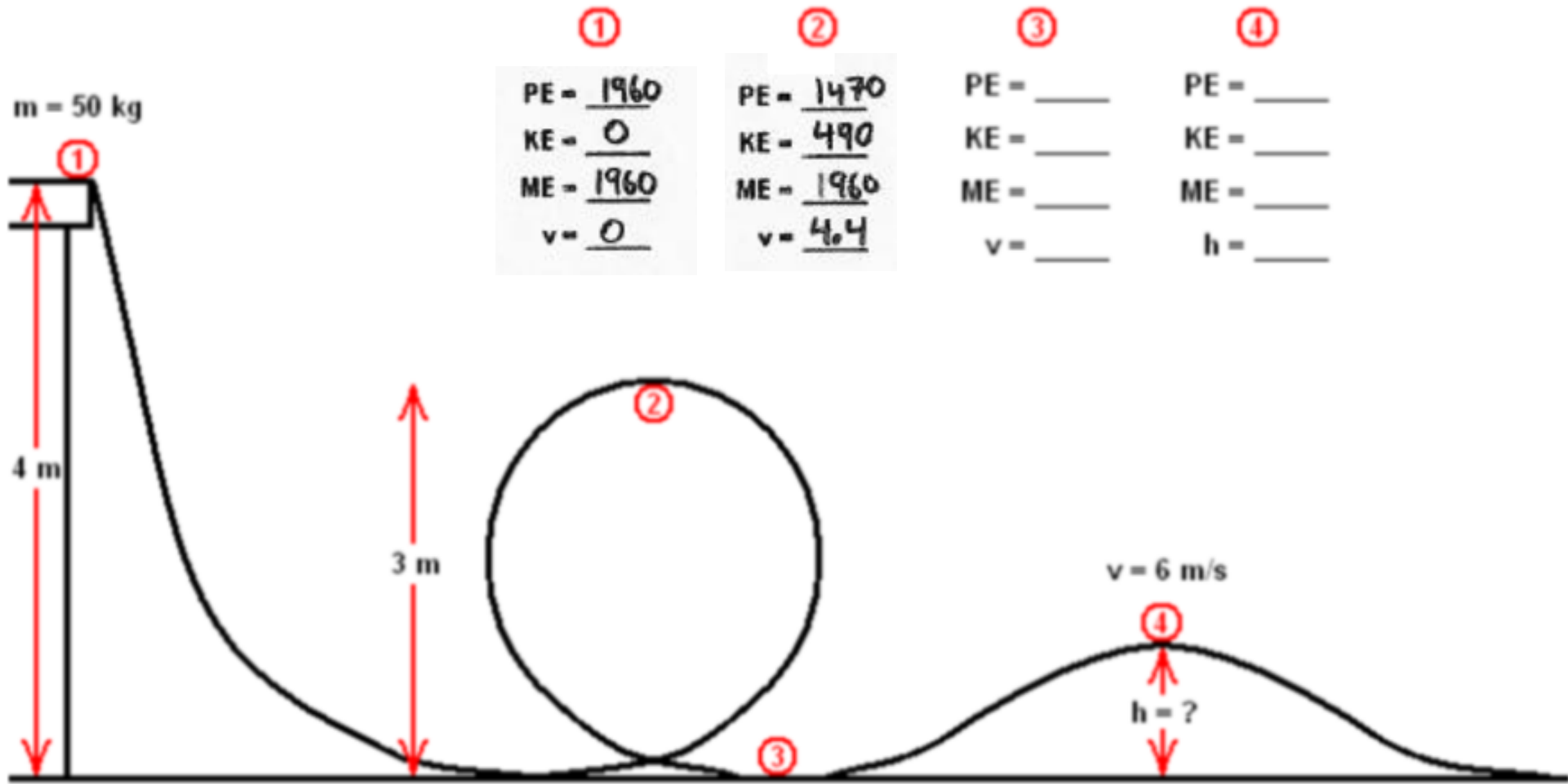
$$KE = \frac{1}{2}mv^2$$

$$490 = \frac{1}{2}(50)v^2$$

$$4.4 \text{ m/s} = v$$

11. Calculate the potential energy, kinetic energy, mechanical energy, velocity, and height of the ball at the various locations. The ball is initially at a standstill.

Show All Work



①

$$PE = 1960$$

$$KE = 0$$

$$ME = 1960$$

$$v = 0$$

②

$$PE = 1470$$

$$KE = 490$$

$$ME = 1960$$

$$v = 4.4$$

③

$$PE = \underline{\hspace{2cm}}$$

$$KE = \underline{\hspace{2cm}}$$

$$ME = \underline{\hspace{2cm}}$$

$$v = \underline{\hspace{2cm}}$$

④

$$PE = \underline{\hspace{2cm}}$$

$$KE = \underline{\hspace{2cm}}$$

$$ME = \underline{\hspace{2cm}}$$

$$h = \underline{\hspace{2cm}}$$

3

$$PE = mgh$$

$$PE = 50(9.8)(0)$$

$$\underline{PE = 0 \text{ J}}$$

$$\underline{ME = 1960 \text{ J}}$$

(const)

$$ME = KE + PE$$

$$1960 = KE + 0$$

$$\underline{KE = 1960 \text{ J}}$$

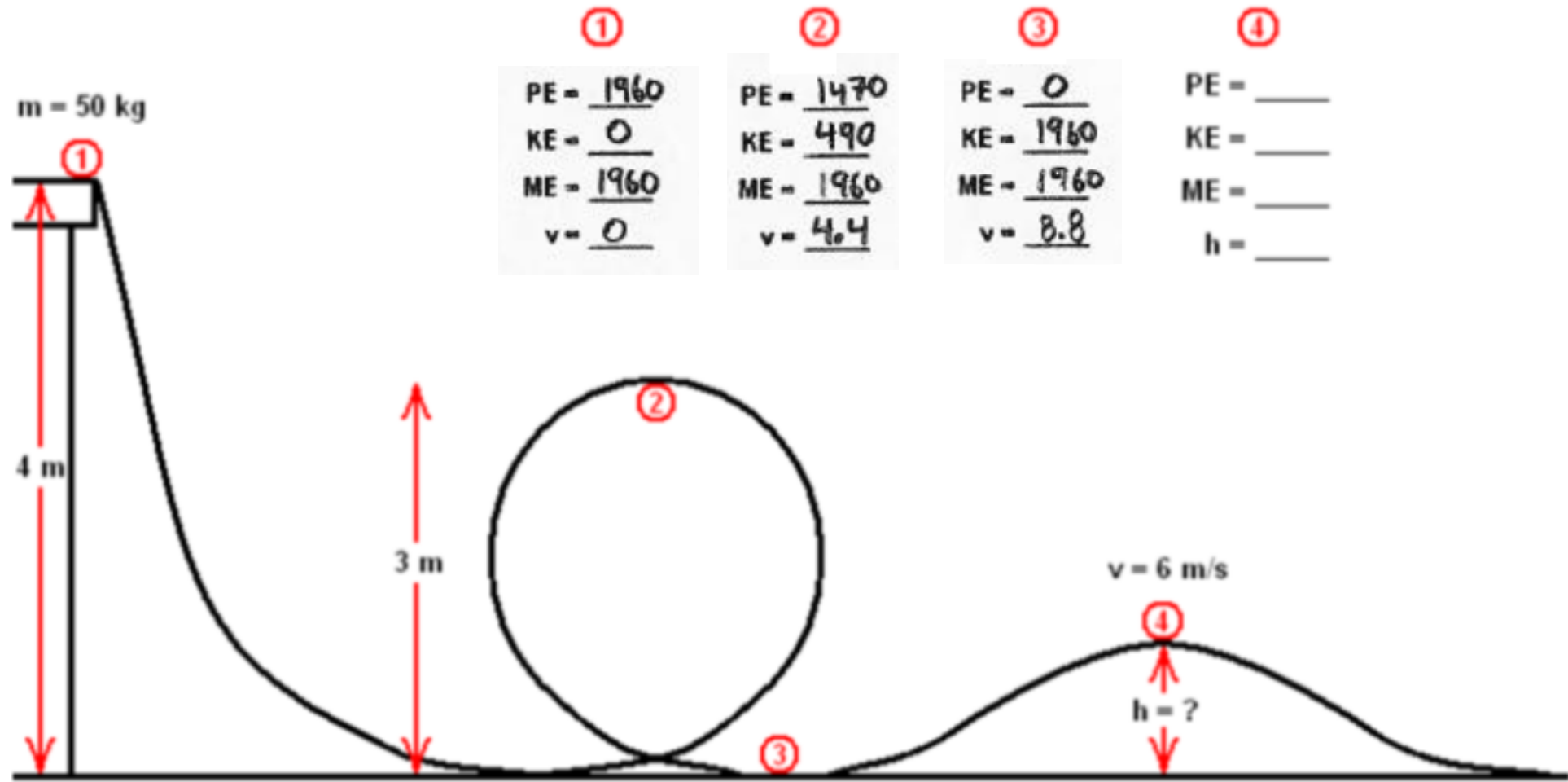
$$KE = \frac{1}{2}mv^2$$

$$1960 = \frac{1}{2}(50)v^2$$

$$\underline{8.8 \text{ m/s} = v}$$

11. Calculate the potential energy, kinetic energy, mechanical energy, velocity, and height of the ball at the various locations. The ball is initially at a standstill.

Show All Work





④

$$KE = \frac{1}{2}mv^2$$

$$KE = \frac{1}{2}(50)(6^2)$$

$$KE = 900 \text{ J}$$

$$ME = 1960 \text{ J}$$

(const)

$$ME = KE + PE$$
$$1960 = 900 + PE$$

$$PE = 1060 \text{ J}$$

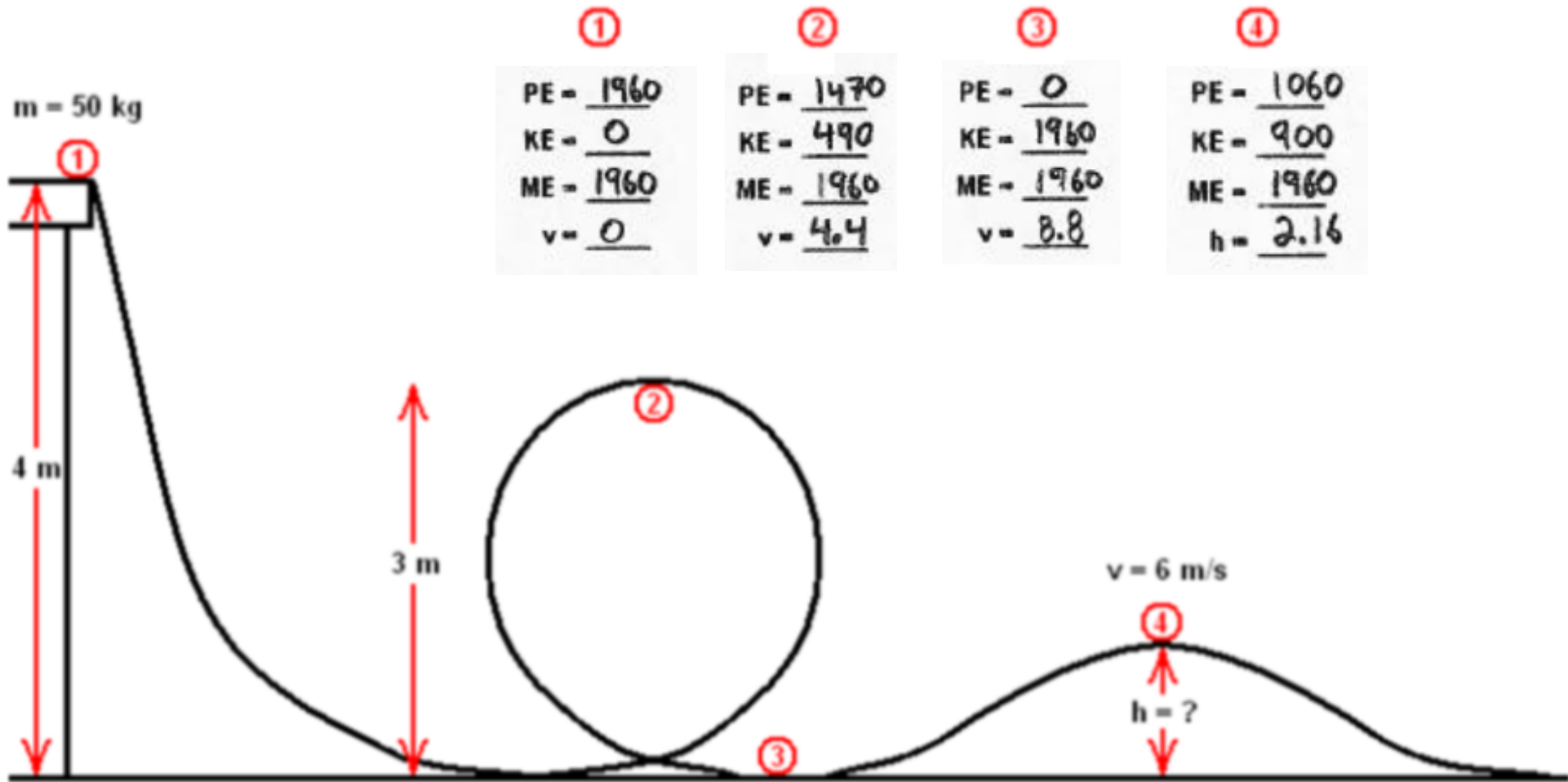
$$PE = mgh$$

$$1060 = 50(9.8)h$$

$$2.16 \text{ m} = h$$

11. Calculate the potential energy, kinetic energy, mechanical energy, velocity, and height of the ball at the various locations. The ball is initially at a standstill.

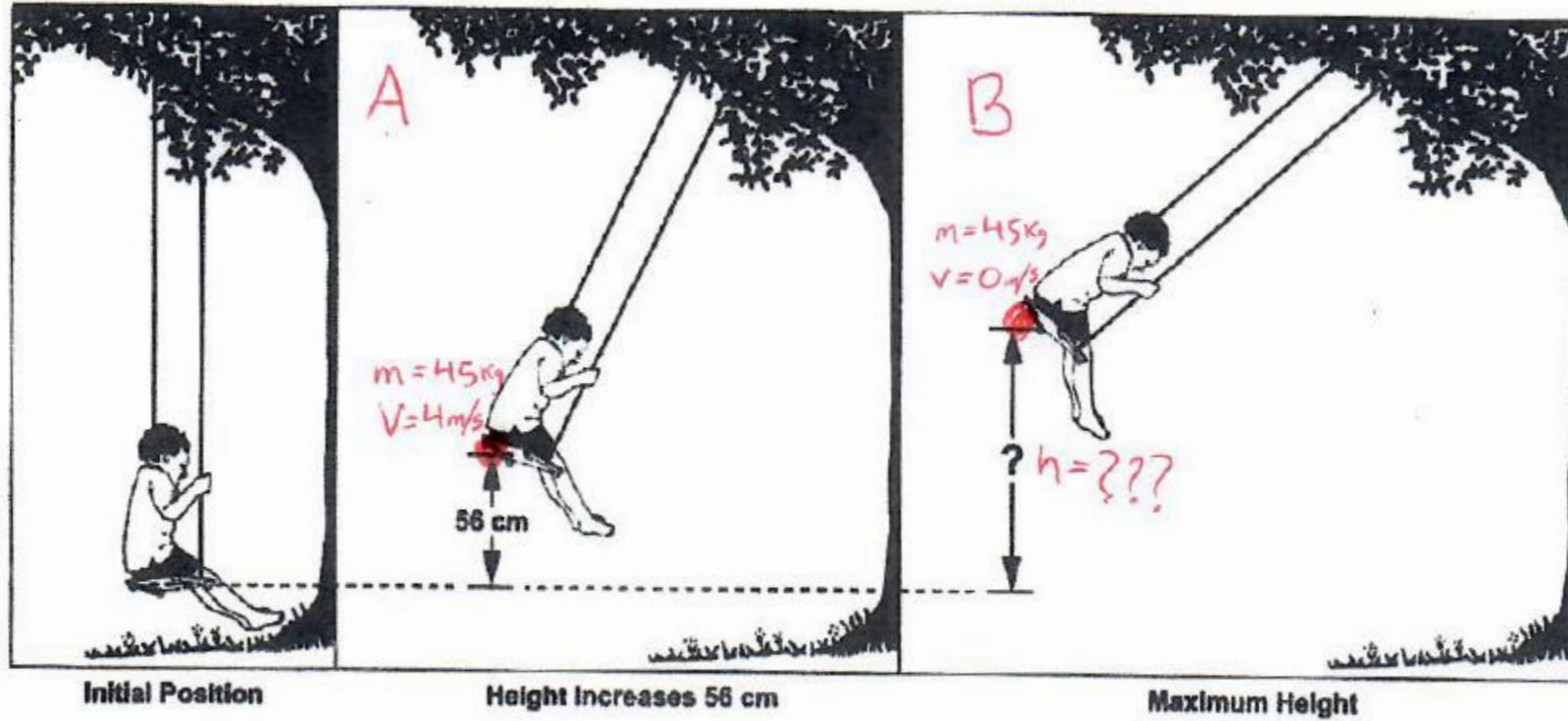
Show All Work



Potential / Kinetic / Mechanical Energy

Additional Harder Problems

- 1) At the playground, Joseph is swinging on a wooden swing. When the height of the swing rose to 56 cm above the initial position, Joseph's velocity was 4.0 m/s. His mass is 45 kg.



What is the maximum height above the initial position that Joseph will reach?  
Assume there is no friction.

$$\begin{aligned} \textcircled{1} \quad KE_A &= \frac{1}{2}mv^2 \\ KE_A &= \frac{1}{2}(45)(4^2) \\ \underline{KE_A} &= \underline{360 \text{ J}} \end{aligned}$$

$$\begin{aligned} \textcircled{2} \quad PE_A &= mgh \\ PE_A &= 45(9.8)(0.56) \\ \underline{PE_A} &= \underline{247 \text{ J}} \end{aligned}$$

$$\begin{aligned} \textcircled{3} \quad ME_A &= KE_A + PE_A \\ ME_A &= 360 + 247 \\ \underline{ME_A} &= \underline{607 \text{ J}} \\ &\text{const} \end{aligned}$$

$$\textcircled{4} \quad \underline{ME_B = 607 \text{ J}} \\ \text{(const)}$$

$$\begin{aligned} \textcircled{5} \quad KE_B &= \frac{1}{2}mv^2 \\ KE_B &= \frac{1}{2}m(0^2) \\ \underline{KE_B} &= \underline{0 \text{ J}} \end{aligned}$$

$$\begin{aligned} \textcircled{6} \quad ME_B &= KE_B + PE_B \\ 607 &= 0 + mgh \\ 607 &= 0 + 45(9.8)h \\ 607 &= 441 \cdot h \\ \boxed{h} &= \boxed{1.38 \text{ m}} \end{aligned}$$

2) After a heavy snowstorm, Romina must clear the snow from the roof of her shed which is 2.5 m above the ground. She pushes the snow off the roof using 61.8 J of energy.

The snow which has a mass of 5.0 kg falls on her miniature greenhouse. The top of the greenhouse is 0.5 m above the ground.

The situation is illustrated.

What is the speed of the snow when it hits the top of the greenhouse?  
(assume the snow moves as one big chunk)

①  $KE_A = 61.8 \text{ J}$

②  $PE_A = mgh$   
 $PE_A = 5(9.8)(2.5)$   
 $PE_A = 122.5 \text{ kJ}$

③  $ME_A = KE_A + PE_A$   
 $ME_A = 61.8 + 122.5$   
 $ME_A = 184.3 \text{ J}$   
 (const)

④  $ME_B = 184.3 \text{ kJ}$   
 (const)

⑤  $PE_B = mgh$   
 $PE_B = (5)(9.8)(0.5)$   
 $PE_B = 24.5 \text{ J}$

⑥  $ME_B = KE_B + PE_B$   
 $184.3 = \frac{1}{2}mv^2 + 24.5$   
 $159.8 = \frac{1}{2}(5)v^2$   
 $63.92 = v^2$   
 $\sqrt{63.92} = v$   
 $v = 8 \text{ m/s}$

